

Judy Woods -

Sunday 22<sup>nd</sup> October 2023

Yorkshire Superleague incorporating Junior Selection for England team at Interland 2024

FINAL EVENT DETAILS



## Event Centre

The event centre is at Wyke Community & Children's Centre, (Wyke CCC) Huddersfield Road, Bradford, BD12 8AB.

What3words:into.laptop.oasis. Coordinates: 53°44'32.0"N 1°46'05.9"W

## Google Maps

**Parking:** At Wyke CCC Entrance to car park is sign posted & look for a big chimney! Once full, street parking is available on the side roads further north on Huddersfield Road. E.g. Wilson Road, Elizabeth Ave. Parking is not permitted on High Fernley Road west of the A641,

Enquiries & Download: At Wyke CCC reception at the top of the car park

**<u>Toilets:</u>** Located at the top end of the carpark. There will be no toilets available after you leave the site to go to the start.



**Terrain**: Mainly beech woodlands with some steep slopes and some unusual, complex contours, relics of early coal mining. Generally very runnable, although visibility can be limited in areas of young trees. A smaller area of predominantly birch woodland, of mixed age and visibility but also generally quite runnable, will be visited by the longer courses (Green through to Brown). This is a naturally regenerating woodland and vegetation boundaries can be quite indistinct particularly between white, light green (generally very young trees) and mid green (more densely packed young frees). In much of the light green, runnability remains quite good (slow run)

but visibility can be quite low in places. The smaller areas of fight tend to be holly or brambles plus a few large fallen trees but, thankfully, these tend to be quite small. Note that many paths are indistinct, even more so as the leaves fall, and some unmapped trails may have been created particularly by mountain bike activity.

<u>Mapping notes</u>: Whilst the map is based on the earlier versions (particularly by Alistair Tinto, 2014), it has been geo-referenced and substantially updated both from Lidar and from ground survey updates.

**Entries:** To count in the Yorkshire Superleague competitors should enter the appropriate course for their age group (or run up). Late entries are now open until 9pm on Thursday 19th October subject to map availability.

Courses are filling fast. If you want to enter Blue, Short Blue or Green and you find they are full, please enter the Interland course for that colour and you will find more available start slots. Note Interland and non –Interland courses are physically identical: the issue is start intervals. The organiser will alert Interland competitors of any start changes to keep the required 4mins separation on all Interland courses.

Fees: £10 Senior, £5 Junior. Dibber Hire £1

<u>Cake stall for YHJS Funds</u>: Please visit the Cake stall which is raising funds for the Yorkshire & Humberside Junior squad. Teas, coffees (please bring your own mug if possible) and of course, cake! Cash preferred ... so please bring loose change from your coin stash...although a card reader may be available at Enquiries.

**<u>Starts:</u>** 10:30-12:30 Start and Finish are located in Judy Woods on either side of the main path. Use this path for "Warm up" before entering the woods themselves.

Distance to the start and back from the finish is approximately 1.0km mainly along a quiet "No through road" which is narrow in places but is only used for farm and cottage access. The route to the start will be taped and includes stepping over a low wall onto a resident's drive to reach the busy A641. ONLY CROSS THE A641 AT THE PEDESTRIAN LIGHTS CROSSING – as it may or may not be marshalled. The lights are quick to respond but the crossing time allowed is quite short, and also take care crossing the pavement cycle lane.



There will be a tent near the finish available for clothing dump in case of bad weather which will also host First Aid. Beginners entering on the day will be helped through the start procedure.

Return to event centre by same route.

**Interland entrants please note: Run the colour of your course, as you would normally do, as there are no separate, specific Interland courses.** However, please try to stick to your start time as 4 minute start intervals must be maintained for Interland runners on the same colour course. If you arrive late, report to the start official to be allocated a new start time.

Competitors should also be aware that this area is well used by the general public for dog walking, horse riding and mountain bikers. Please take care especially on the bridleways and, if necessary, slow down passing animals.

**Courses close:** 2:30pm. **If you expect to take a long time then please start early.** If you finish after courses close you may be disqualified.

**Punching:** SI Punching & SIAC touch free punching will be enabled. Competitors must punch the Start and Finish. <u>Competitors on Brown will require a dibber capable of holding more than 30 punches.</u>

**Maps:** 1:7500 waterproof paper. Loose control descriptions will be available in the start lanes.\* <u>Brown & Short Brown courses have double sided maps</u>

Course		Age Class	<b>Distance Km</b>	Climb
1*	Brown	M21 M35 M40	9.0	400
2*	Short Brown	M18 M20 M45 M50 W21	7.3	340
3	Blue	M16 M55 M60 W35 W40	5.4	210
4	Short Blue	M65 W18 W20 W45 W50	4.9	190
5	Green	M70 W16 W55 W60	3.8	170
6	Short Green	M75 M80 W65 W70	2.8	100
7	Very Short Green	W75 W80	2.0	60
8	Light Green	M14 W14	3.3	90
9	Orange	M12 W12	2.1	50
10	Yellow	M10 W10	1.2	25
MAZE	Micro course for beginners, & fun for all to enter			

**Courses:** Distance (km) and climb (m)

**Maze:** Judy Woods is not suitable for a white course. Instead, in the field at the top of the car park there will be a maze for beginners & everyone to try, just for fun!

**Results:** We hope to have live results in assembly with details for access via a QR Code which will be on your printed splits. Final results will be available on the EPOC website www.eastpennineoc.org.uk/results.php

Nearest A&E: Bradford Royal Infirmary, Duckworth Lane BD9 6RJ5miles 20 minsCalderdale Royal Hospital, Salterhebble, Halifax HX3 0PW7miles 19 mins

## All competitors must download, even if they do not complete the course.

**Safety:** If the weather is wet great care should be taken, some of the surfaces and steep slopes can be extremely slippery: full leg cover required. A comprehensive risk assessment will be carried out by the organiser, but competitors take part at their own risk and are responsible for their own safety. All competitors who start must report to download even if they retire. In the unlikely event of cancellation, details will be posted on the EPOC website – www.eastpennineoc.org.uk Information can also be obtained by emailing the organiser.

If you have a medical condition that first aiders should know about in an emergency, please contact the organiser with details, before/at the event before your run, in confidence. These details will only be used for the purposes of this event and will be deleted / destroyed afterwards.

**Insurance:** Please note that if you are not a member of an orienteering club affiliated to British Orienteering then you are not covered by our public liability insurance except if you are a newcomer to orienteering, in which case you are covered for three registered orienteering events without joining. Please ask any of our club officials for more information if you would like to join EPOC.

**Bio-security:** Please help prevent the spread of tree pests and diseases by cleaning your footwear before and after you visit a wood. The Friends of Judy Woods work hard to stop the spread of Himalayan Balsam: an invasive non-native species.

Organiser: Helen Pedley EPOC

Planner: Mike Pedley EPOC

**Controller:** Charlie Adams SYO